

# Team Handball

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## What is Team Handball?

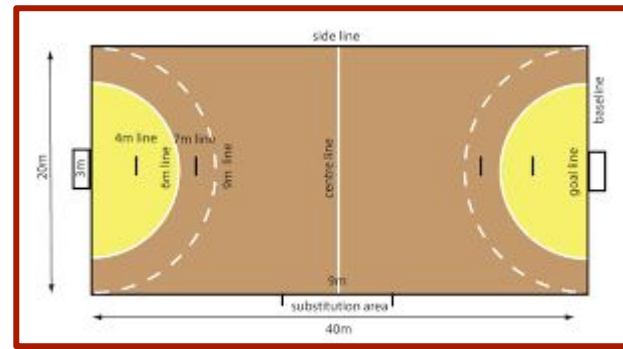
- Team Handball is played between two teams of 7 or 11 players.
- The players try and throw a ball into the opposing team's goal



<https://www.britannica.com/sports/team-handball>

# The Rules

- Two, Thirty minute halves
- A team cannot keep possession of the ball without attempting to attack.
- A goal can be scored from any type of throw.
- A player can run with the ball for three steps maximum.



<https://www.bbc.co.uk/bitesize/guides/zywwmnb/revision/3>

# The Rules Continued

- Players are not able to endanger an opponent with the ball.
  - Players cannot make contact with the ball below the knee.
  - A player cannot outstretched arms or legs to obstruct, push, hold, trip or hit.
  - An attacking player is not allowed to
- into a defensive player.



<https://www.bbc.co.uk/bit-size/guides/zywwmnb/revision/3>

## How is Handball Scored?

- A goal is scored when the whole of the ball passes between the goalposts and travels fully over the goal line.
- A referee must examine the goal and say that points should be given
- At the end of the match, the team with the most goals will be awarded the winners.

<https://www.bbc.co.uk/bitesize/guides/zywwmnb/revision/3>



How Does Scoring Work In Handball?